



**Girlguiding**  
**North East England**  
*girls in the lead*



## SENIOR SECTION SAILING CHALLENGE

**Girlguiding North East England invite Senior Section members from across the UK to join us on our sailing adventure**

**Did you miss the boat with the ultimate tall ship adventure in 2010?**

**Did you sail on the tall ship and would love to do something similar again?**

**Would you like an adventure on the high seas?**

**Do you need a residential event for your Queen's Guide Award or Gold D of E?**

If you answered yes to any of the above questions, then this opportunity could be for you!

Girlguiding North East England have chartered four 72 foot Challenger racing yachts for a week and we are inviting Senior Section members from around the UK to come and join us. No sailing experience is needed, just a sense of adventure! Your region/country is guaranteed two places for members aged 14 – under 18 and one place for members aged 18 – under 26. (North East England will have ten under 18 places and four under 26 places)



### When is it?

Saturday 28 July 2012 – Saturday 4 August 2012

### Where is it?

The yachts will be sailing from the North East, probably Hartlepool to Portsmouth (venues to be confirmed). Hopefully the yachts will visit a foreign port during the trip (all weather dependent)

### How much will it cost?

£700.00 - this includes:

All food while on board, use of safety equipment, waterproofs and lifejackets

Insurance for the voyage

Group hoodie, polo shirt and neck buff

### What other costs are there which are not included in the event fee?

Travel to and from the yachts, any on-shore activities during the week of the trip and any meals chosen to be taken on shore during time in port



### When would I have to pay?

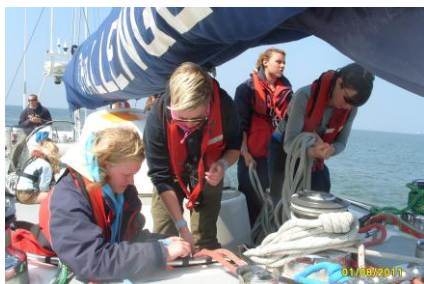
Initial deposit to secure your place: £100 by 31 January 2012 (closing date for all applications)

Instalment 2: £200.00 – payable by 31 March 2012

Instalment 3: £200.00 – payable to 31 May 2012

Balance: £200.00 – payable by 30 June 2012

All payments towards the event fee are non-refundable unless a replacement participant can be found



### Any questions or do you need more information?

See the attached FAQ's or contact North East England Region Office -

Email: [northeast@girlguiding.org.uk](mailto:northeast@girlguiding.org.uk). Telephone: 01904 676076

If you want to see the challenger yachts in action look at [www.tallships.org](http://www.tallships.org) Also

visit the news section at [www.girlguidingnortheast.org.uk](http://www.girlguidingnortheast.org.uk) for a report on the 2011 trip

### To book your place:

Please complete the attached application form and return it to Girlguiding North East Region Office with your deposit by 31 January 2012. Each region/country will be offered places as detailed above initially and any spare places will then be allocated so to secure your place, submit your application as soon as possible.

## Girlguiding North East England Sailing Challenge – Frequently Asked Questions

### **How old do I need to be to go on the trip?**

You need to be aged at least 14 and under the age of 26 on 28 July 2012.



### **What will I be doing?**

You will get involved in all aspects of sailing the yacht, including stowing and handling sails, helming, working in the galley (helping prepare meals and washing up) and “Happy Hour” (cleaning the ship). Some of the work will be physically demanding so you must be prepared to work hard and you will soon appreciate what good team work can achieve. Be under no illusions though, there are no passengers on this trip, everyone is expected to take a full and active part to ensure the smooth running of the yacht. It will not be all work though, you

will get free time to relax and time ashore to explore when we are in port.

### **Who else will be on the yachts?**

Each yacht is run by 4 experienced, skilled and knowledgeable seafarers – a skipper, mate and 2 watch leaders. On the three under 18 yachts the voyage crew will be made up of 10 Senior Section members and 2 adult leaders from Girlguiding. The 18+ yacht will be crewed by 12 members from Girlguiding. The voyage crew will be split into two watches – you will find out more about watches on the voyage but they enable the yacht to function 24 hours a day.



### **What will I get out of this adventure?**



A fun, amazing and exhilarating experience with a sense of achievement and increased self confidence through acquiring new skills

An unusual physical environment which requires you to adapt your normal pattern of behaviour

The need for team work

A challenge

You could also gain the Royal Yachting Association Competent Crew certificate

You must be prepared to be taken out of your comfort zone and to be challenged – are you happy to get up in the middle of the night

to go on watch to help sail the yacht?

### **I have a medical condition/disability, will this stop me from being able to go?**

The Tall Ships Youth Trust looks at each case individually and if they can offer a quality experience in a safe environment then they will consider the situation. They can usually consider people who have sight and/or hearing impairments, coordination problems, learning and behavioural problems. They are unable to take anyone who has epilepsy though. Please make contact with Girlguiding North East England region office as detailed on the flyer before booking if you are unsure about your suitability for the voyage.

### **What are facilities on board like?**

Your bed will be a snug, comfortable pipe cot and you will have a cubby hole and a plastic box to store your belongings. Berths are located in cabins shared with other voyage crew members. There are no plug sockets on board so hair dryers and straighteners are out of the question and there are no facilities on board for charging mobile phones. You need to make sure you can live without electrical items for a week, otherwise this voyage may not be for you!



### **What would I need to bring with me?**

Apart from your personal kit (a kit list will be provided) you would need to bring a sleeping bag, pillow case (pillows provided) and a towel.

Sailing gloves are really useful and either a pair of sailing wellies or an old pair of trainers you don't mind getting wet – there is a chance your feet will get wet while sailing!

Passport and European Health Insurance Card

## FAQ's continued

### **What will the food be like?**

The Tall Ships Youth Trust will endeavour to meet any special dietary requirements you have which they are informed about beforehand. When sailing, meals may be served in two sittings, allowing one watch to be on duty at all times. Hot and cold drinks, biscuits and fruit are available at all times on a self-service basis.



### **What is provided?**

Waterproofs, safety equipment and life jackets

### **What about fundraising?**

This event will be self funded but that doesn't stop you fundraising and also approaching your county/division/district to see if they would give you a donation. Your unit might also help you fund raise for this once in a life time opportunity.



### **What about seasickness?**

You are advised to bring your own seasickness medication if you are concerned. Medication needs to be taken at least two hours before sailing to be effective as once you feel sick, it is too late! Seasickness does pass in a day or so though and is soon forgotten about! You would be advised to consult your pharmacist or doctor before sailing if you are concerned.

### **What about alcohol (if I am over 18)?**

The Tall Ship Youth Trust policy is "voyage crew are forbidden to bring alcohol on board or drink alcohol on board. When ashore excessive drinking and underage drinking will not be tolerated". As this is a Guiding event, we would expect everyone to behave in a suitable manner, particularly when on shore as you will be representing Girlguiding. Non-prescription drugs are not permitted. The Tall Ship Youth Trust reserve the right to remove people from the yachts if they are putting themselves or others in danger.

### **I have some questions that are not answered above – what should I do?**

Please contact North East England region office as detailed on the flyer and they should be able to find out the answers to your questions.

