

HANDS ON

Welcome to Hands On, Girlguiding North East England's 40th Birthday Challenge. We wanted to give you a resource which is easy to use and that girls can use themselves. For example, Guides can use this challenge as a Go for it! Thus, the term "groups" is used and refers to a group of Rainbows or SS members, a Brownie Six or a Guide Patrol. Generally the idea is that girls look through the challenge and choose the activities. We hope that almost everything can be organised by girls, although Rainbows and Brownies will need help! It is designed so that flexible groups, sixes, and patrols can do different clauses. Some may sound as though we are asking the Leader to provide something for every girl - we are not, we are asking the small group doing it to provide something for everyone in the Unit!



Various themes run through the Challenge: the title "Hands On" was inspired by our desire to provide practical ideas, and we incorporated the ruby as all the regions of the UK are celebrating their 40th birthdays/anniversaries.

To finish the challenge, you must complete 6 different clauses. At least one of these must be from the Community Action Section and at least two must be from the Birthday Section. The Challenge is not specifically aimed at adults, but they are welcome to complete it and claim a badge. A second badge can be claimed if you manage a further 6 clauses!

Leaders may want to give girls the pack in sections so they are not overwhelmed by the amount of ideas!

Times given are VERY general guidelines. R indicates a challenge is suitable for Rainbows, B Brownies, G Guides, and S Senior Section. Activities will need to be adapted to suit the age group, e.g. number 1, the photograph treasure hunt, would need to be prepared for Rainbows, Brownies could prepare it with help but Guides and Senior Section could prepare it for each other. Brownies and Rainbows would need to be in a confined area or accompanied at all times but Guides and SS could be allowed more freedom, depending upon your locality. Girls should ask Leaders to agree their adaptations.

All activities must be undertaken in accordance with the current best practice guidelines in Girlguiding UK's Guiding Manual.

This document is deliberately low-tech so that the challenge is easy to print and copy - please feel free to download the challenge and reproduce it for use within Guiding. It will be available on the website until the Annual Review in 2012.

Have Fun!